

COVID-19 Presentation

March 5th, 2020



Agenda

Welcome and Introductions

Overview of COVID-19 and NCCC Response

- What, Where, Who about COVID-19
- North Country CC Response
- SUNY Response

Preventative Measures

- Personal
- Community

Resources

COVID-19 aka Novel Coronavirus

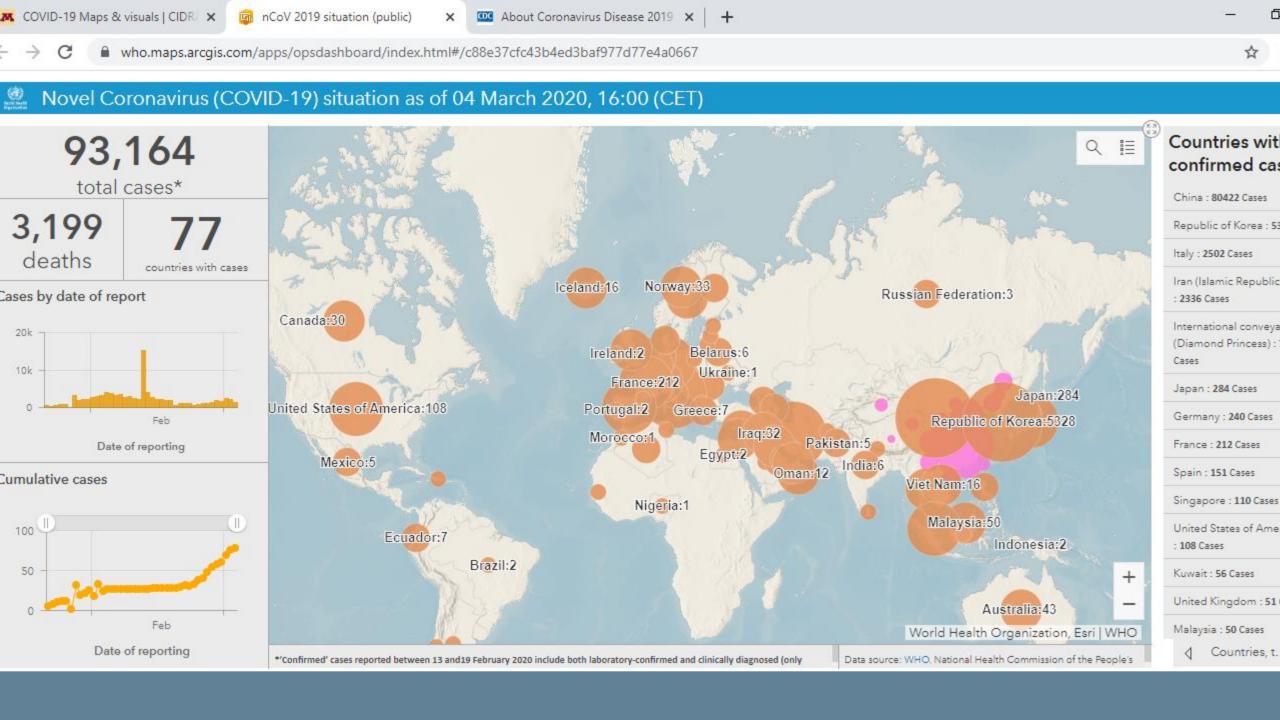
What it is?

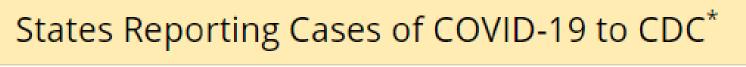
- https://www.hopkinsmedicine.org/coronavirus/
- Symptoms include cough, fever and difficulty breathing

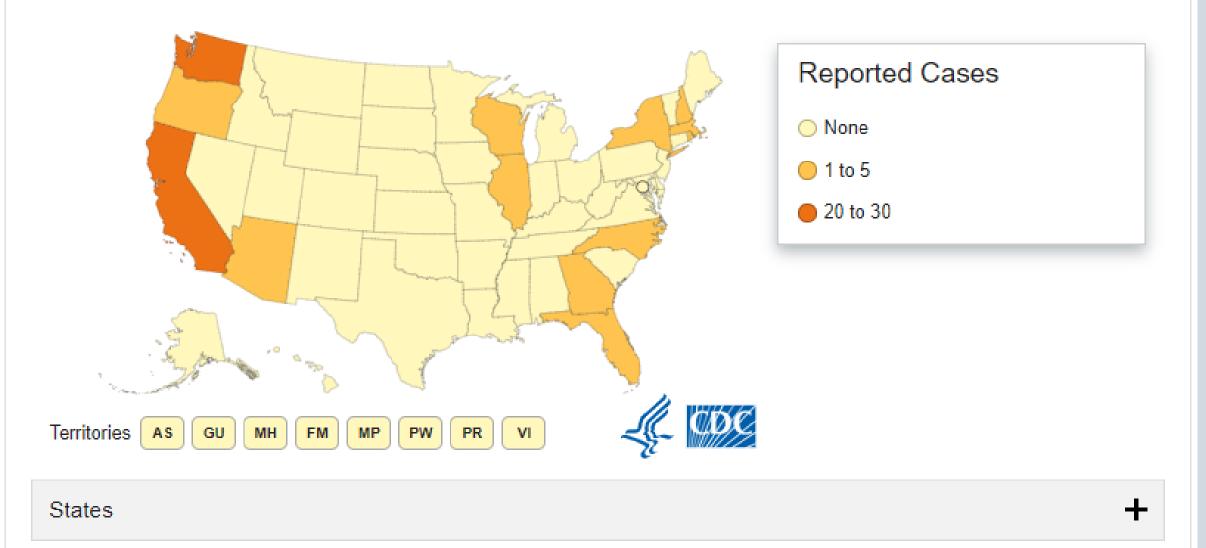
How is it spread?

- Human-to-human
- Airborne (coughs, sneezes)
- Possibly from contaminated surfaces

Where is it?







NCCC Response

Convened COVID-19 Task Force charged with formulating College's response

• Includes faculty, staff, administration and Association

Working and communicating with the College community

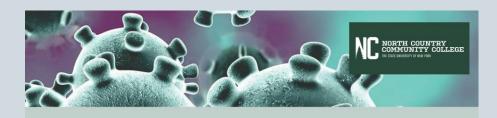
Directing cleaning staff to disinfect desks, keyboards

Communicating and collaborating with regional health care partners

Adirondack Health Infection Specialist invited to speak to students

Working with SUNY

Presentations such as this



CORONAVIRUS: What You Need to Know

How It Spreads: Through the air, by coughing or sneezing.

Touching a contaminated surface, then touching your mouth, nose or eyes.

Symptoms: Fever, Cough and/or

Shortness of Breath

Prevention: Wash your hands often

Avoid touching your face

Avoid contact with people who are sick

Stay home if you are sick/feverish

Cover your cough or sneeze

Clean and disinfect objects and surfaces

For more information about Coronavirus Call 1-888-364-3065 or visit https://www.health.ny.gov/

SUNY Steps

Partnering with Department of Health and other state departments in formulating plan and response

Daily convenings and communiques with campuses

Concluding study-abroad programs in highly impacted countries

Recommending hold on international travel

Personal Protective Measures

Recommended:

- 1. Personal space/social distancing/6 feet
- 2. Protective coughing and sneezing www.cdc.gov/healthywater/hygiene/etiquette/coughing sneezing.html
- 3. Avoid touching your face
- 4. Proper hand-washing https://youtu.be/3PmVJQUCm4E
- 5. Practicing good hygiene (personal and rooms)
- 6. If you develop symptoms or have been in close contact with a person with COVID-19, then quarantine yourself and call your health care professional

Personal Protective Measures

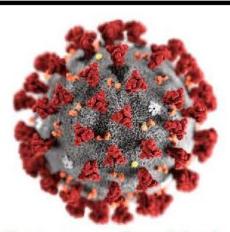
Not Recommended:

- 1. Wearing protective masks (unless you are sick) or are in a workplace where it is suggested
- 2. Not following the prior guidelines

Resources

COVID-19 RESOURCES TO KNOW

- ⇒ CDC: www.cdc.gov/coronavirus/2019-ncov/
- ⇒ WHO: https://www.who.int/emergencies/diseases/novel-coronavirus-2019
- ⇒ Hand Washing Video: https://youtu.be/3PmVJQUCm4E
- ⇒ Coughing & Sneezing: www.cdc.gov/healthywater/hygiene/etiquette/coughing_sneezing.html
- → NCCC Response: <u>www.nccc.edu/coronavirus-response</u>



Short-term Steps

- 1. If you feeling some combination of fever, cough and difficulty breathing,
 - a. seek out medical assistance (start with phone call),
 - b. self-quarantine
 - c. notify the College of your status
- 2. Engage in preventative practices (handwashing, coughing, distancing)
- 3. Spring Break: if traveling outside of the area for Spring Break, we will be asking you to self-report your travels so we can limit the campus exposure to COVID-19