



# CERTIFIED FIRST RESPONDER (CFR)

ORIGINAL AND REFRESHER COURSE

Course No: **Pending NYS DOH Approval**

*Mondays and varying Wednesdays and Thursdays 6:30p to 10p  
and every other Saturday 8a to 4p*

Essex County Public Safety Building – 702 Stowersville Road – Lewis, NY 12952



North Country Community College

CIC of Record: Patty Bashaw, AEMT-CC, CIC #3427

Essex County Public Safety Building

Start Date: January 4, 2024

**Online Coursework Due January 29, 2023 - ICS 100, ICS 700, ICS 5a, Mandated Reporter**

## DAY 1 – January 4, 2024 (6:30p to 10p)

Topic	Instructor
Class Introduction/Paperwork	Bashaw
Introduction to Emergency Medical System	Bashaw
Wellbeing of the First Responder	Bashaw

## Day 2 – January 8, 2024 (6:30p to 10p)

Topic	Instructor
Lifting and Moving (lecture)	Bashaw
Medical, Legal and Ethical Issues	Bashaw
<i>LAB: Vital Signs and Lifting and Moving – 1 hr</i>	Bashaw & Staff

## Day 3 – January 10, 2024 (6:30p and 10p)

Topic	Instructor
Medical Terminology	Bashaw
The Human Body	Bashaw
Lifespan Development	Bashaw
<b>MODULE EXAM 1</b>	

## DAY 4 – January 13, 2024 (8:00am to 4:00pm)

Topic	Instructor
Principles of Pathophysiology	Bashaw
CPR/AED (AHA CPR class – Mandatory)	Bashaw & Staff
<i>CPR skills/Cardiac Arrest Management/AED use – Lab – 2 hrs</i>	Bashaw & Staff
Principals of Resuscitation	Bashaw
<i>Vital Signs – Lab – 1 hr</i>	Bashaw

## DAY 5 – January 15, 2024 (6:30p to 10p)

Topic	Instructor
Airway Management and Ventilation	Bashaw
Oxygen Therapy	Bashaw
<i>Airway Management and Ventilation – Lab – 1.5 hrs</i>	Bashaw & Staff

## DAY 6 – January 22, 2024 (6:30p to 10p)

Topic	Instructor
Cardiac Emergencies	Bashaw
Respiratory Emergencies	Bashaw

**Day 7 – January 24, 2024 (6:30p to 10p)**

Topic	Instructor
Obtaining a Medical History and Vitals	Bashaw
Principals of Patient Assessments	Bashaw
<b>MODULE EXAM 2</b>	Bashaw

**DAY 8 – January 27, 2024 (8:00am to 4:00pm)**

Topic	Instructor
Communication and Documentation	Bashaw
Common Medical Emergencies	Bashaw
Common Environmental Emergencies	Bashaw
Caring for Soft Tissue Injuries and Bleeding	Bashaw
<i>Patient Assessment (Primary and Secondary) – Lab – 4 hr</i>	Bashaw & Staff

**DAY 9 – January 29, 2024 (6:30p to 10p)**

Topic	Instructor
Recognizing and Treating Shock	Bashaw
<i>Treating Shock – Lab – .5 hr</i>	Bashaw & Staff
<i>Bleeding Control – Lab – .5 hr</i>	Bashaw & Staff

**Day 10 – February 1, 2024 (6:30p to 10p)**

Topic	Instructor
Caring for Muscle and Long Bones Injuries	Bashaw
Caring for Head and Spinal Injuries	Bashaw
Caring for Chest and Abdominal Injuries	Bashaw

**DAY 11 – February 5, 2024 (6:30p to 10p)**

Topic	Instructor
<b>MODULE EXAM 3</b>	
Care during Pregnancy and Childbirth	Bashaw
Caring for Infants and Children	Bashaw

**Day 12 – February 7, 2024 (6:30p to 10p)**

Topic	Instructor
Special Considerations for the Geriatric Patient	Bashaw
Pharmacology Review	Bashaw
<i>Practical Skills Review – Lab – 2 hrs</i>	Bashaw & Staff

**DAY 13 – February 12, 2024 (6:30p to 10p)**

Topic	Instructor
Intro to EMS Operations and HAZMAT	Bashaw
Intro to Incident Command System and Triage	LifeNet
<i>Practical Skills Review – lab 1</i>	Bashaw & Staff

**Day 14 - February 21, 2024 (6:30 to 10p)**

Topic	Instructor
Make-up for Snow Days	Bashaw
<b>FINAL EXAMINATION</b>	Bashaw
<i>Practical Skills Review – Lab – 2 to 3.5 hrs</i>	Bashaw

**PRACTICAL SKILLS EXAM – February 24, 2024 – Essex County PSB – 8a-?**  
**STATE WRITTEN EXAM – MARCH 16, 2023 - SCHEDULED BY STUDENT VIA PSI**

**Textbook**

AAOS Emergency Medical Responder: Your First Response in Emergency Care Premier Package (Seventh Edition) ISBN: 9781284225891 / Course ID: TBA\*

***Total Hours***

Lecture: 39 Hours

Lab: 15.5 Hours

**Total: 54.5 Hours**

***Contact Information***

Patty Bashaw, AEMT-CC, CIC

*CIC of Record*

Adjunct Faculty – EMS Programs

North Country Community College

[car3ofa@gmail.com](mailto:car3ofa@gmail.com)

Cell: 518-572-4705

Scott Harwood, Paramedic, CIC

Course Sponsor Administrator/EMS Program Director

[sharwood@nccc.edu](mailto:sharwood@nccc.edu)

