## **A.S. WILDERNESS RECREATION LEADERSHIP**

(**HEGIS** 5506.10)



I.	PROGRA	M CORE COURSES (22 credits)	CREDITS	SEMESTER	GRADE
A.	HED160	Wilderness First Responder (Spring only)	3		
В.	REC101 REC/ SPM150	Introduction to Leisure Services (Fall only) or Introduction to Sports Management (Spring only)	3		
C.	REC115	Intro to Wilderness Recreation Leadership (Spring only)	3		
D.	REC235	<b>WRL Seminar</b> (Fall only – Pre-req: REC240; or permission of instructor)	1		
E.	REC240	Wilderness Fall Practicum (Fall only - Pre-req: PSY105; REC115; PED167; HED160)	4		
F.	REC249	Wilderness Winter Practicum (Fall only – Pre-req: REC240)	3		
G.	REC251	<b>Wilderness Management</b> (Spring only – Pre-req; REC240 and 249; or permission of instructor)	3		
Н.	REC Elect	ives (2 credits) REC 236 NYS Guide License Prep Course Recommended	1		
	2.	<u> </u>	1		•

II.	LIBERAL ARTS AND SCIENCE (31 credits)	CREDITS	SEMESTER	GRADE		
A.	SOCIAL SCIENCE (6 credits)					
	1. PSY 105 Leadership	3				
	2. SOC 101 Introductory Sociology or SOC 108 Sociology of Diversity					
		3				
В.	HUMANITIES (9 credits)			_		
	1. ENG 101 English Composition I	3				
	2. ENG 105 Public Speaking	3				
3. HUMANITIES ELECTIVE Select from any course that meets General Education requirement for						
		3				
C.	MATHEMATICS (3 credits) Select from MAT 121 or higher. (MAT 121 Elementary Statistics is recommended)					
	1. MAT	3				
D.	NATURAL SCIENCE with LAB (4 credits)					
	1. BIO/ENV 104/108 Environmental Science + Lab	4				
E.						
	(Note: The courses selected must meet General Education requirements and two (2) of the following General E					
	areas not met in Section IIA: Art, Math, History, World Languages, Humanities, Natural Science, Social Science).					
	1.	3				
	2.	3				
	3.	3				

III.	GENERAL ELECTIVES (9 credits)	CREDITS	SEMESTER	GRADE
	Select any credit courses offered at the College (Note: ENG 100, MAT 100 and RDG 100 are General Electives.)			
	1. CIS 130 Productivity Computing OR CIS 221 Data Management			
	and Analysis	3		
	2.	3		
	<mark>3.</mark>	<mark>3</mark>		

IV.	PHYSICAL HEALTH	CREDITS	SEMESTER	GRADE
	1. PED 167 Lifeguarding	2		

MINIMUM TOTAL CREDITS 64

Revised: 5.2025