A.S. WILDERNESS RECREATION LEADERSHIP
(HEGIS 5506.10)

I.	PROGRAM CORE COURSES (22 credits)		CREDITS	SEMESTER	GRADE
A.	HED160	**Wilderness First Responder** *(Spring only)*	3		
B.	REC101 REC/ SPM150	**Introduction to Leisure Services** *(Fall only)* or **Introduction to Sports Management** *(Spring only)*	3		
C.	REC115	**Intro to Wilderness Recreation Leadership** *(Spring only)*	3		
D.	REC235	**WRL Seminar** *(Fall only – Pre-req: REC240; or permission of instructor)*	1		
E.	REC240	**Wilderness Fall Practicum** *(Fall only – Pre-req: PSY105; REC115; PED167; HED160)*	4		
F.	REC249	**Wilderness Winter Practicum** *(Fall only – Pre-req: REC240)*	3		
G.	REC251	**Wilderness Management** *(Spring only – Pre-req; REC240 and 249; or permission of instructor)*	3		
H.	**REC Electives** (2 credits)				
	1.	REC 236 NYS Guide License Prep Course Recommended	1		
	2.	REC 118 Backcountry Navigation recommended	1		

II.	LIBERAL ARTS AND SCIENCE (31 credits)	CREDITS	SEMESTER	GRADE
A.	**SOCIAL SCIENCE** (6 credits)			
	1. PSY 105 Leadership	3		
	2. SOC 101 Introductory Sociology or SOC 108 Sociology of Diversity	3		
B.	**HUMANITIES** (9 credits)			
	1. ENG 101 English Composition I	3		
	2. ENG 105 Public Speaking	3		
	3. HUMANITIES ELECTIVE Select from any course that meets General Education requirement for Humanities.	3		
C.	**MATHEMATICS** (3 credits) Select from MAT 121 or higher. **(MAT 121 Elementary Statistics is recommended)**			
	1.	3		
D.	**NATURAL SCIENCE with LAB** (4 credits)			
	1. BIO/ENV 104/108 Environmental Science + Lab	4		
E.	**LIBERAL ARTS and SCIENCE ELECTIVES** (9 credits) (Note: The courses selected must meet General Education requirements and two (2) of the following General Ed areas not met in Section IIA: Art, Math, History, World Languages, Humanities, Natural Science, Social Science).			
	1.	3		
	2.	3		
	3.	3		

III.	GENERAL ELECTIVES (9 credits)	CREDITS	SEMESTER	GRADE
	Select any credit courses offered at the College (Note: ENG 100, MAT 100 and RDG 100 are General Electives.)			
	1. CIS 130 Productivity Computing OR CIS 221 Data Management and Analysis	3		
	2. Recommendations: Rock Climbing, Backpacking, Adirondack Hiking, Backcountry Skiing	3		
	3.	3		

IV.	PHYSICAL HEALTH	CREDITS	SEMESTER	GRADE
	1. PED 167 Lifeguarding	**2**		

MINIMUM TOTAL CREDITS 64